

Food Safety for Healthy Families

Need more information about this month's topics?

Here are some web sites where you can find more nutrition resources for students and families:

FOOD SAFE SCHOOLS:

Creating food safe schools is another important way to insure that Mississippi students are fit, healthy, and ready to succeed. The **Mississippi Healthy Students Act of 2007** requires that all schools provide food safety education as part of their wellness policy. To help schools meet this mandate, the Office of Healthy Schools has collected food safety resources and developed training materials, including a steaming video, - all available for download @ http://www.healthyschoolsms.org/ohs_main/foodsafetyresources.htm

FOOD SAFETY EDUCATION FOR KIDS:

The Scrub Club is designed to teach kids **WHY** and **HOW** to wash their hands effectively. There are fun games, webisodes, and downloadable materials - all at no cost to you @ <http://www.scrubclub.org/>

FIGHT BAC® is a national partnership to educate consumers about safe food handling. The web site provides extensive resources for consumers of all ages. A long list of downloads for children can be found @ http://www.fightbac.org/component/option,com_docman/task,cat_view/gid,39/Itemid,83/

Wash Your Hands: Educating the School Community focuses on the most important habit for reducing foodborne illnesses (and other communicable diseases) - **hand washing**. Proper techniques can reduce disease and even improve school attendance. This program (from the National Foodservice Management Institute in Oxford) features classroom activities, hand washing posters in English and Spanish, and a short video on proper techniques @ <http://www.nfsmi.org/ResourceOverview.aspx?ID=118>

